

HIGH PARK

A Park Lover's Quarterly

**Buried
alive:
Reclaiming
lost Garrison
Creek**

**Raptor
alert!
— winged
terrors
from the
skies**

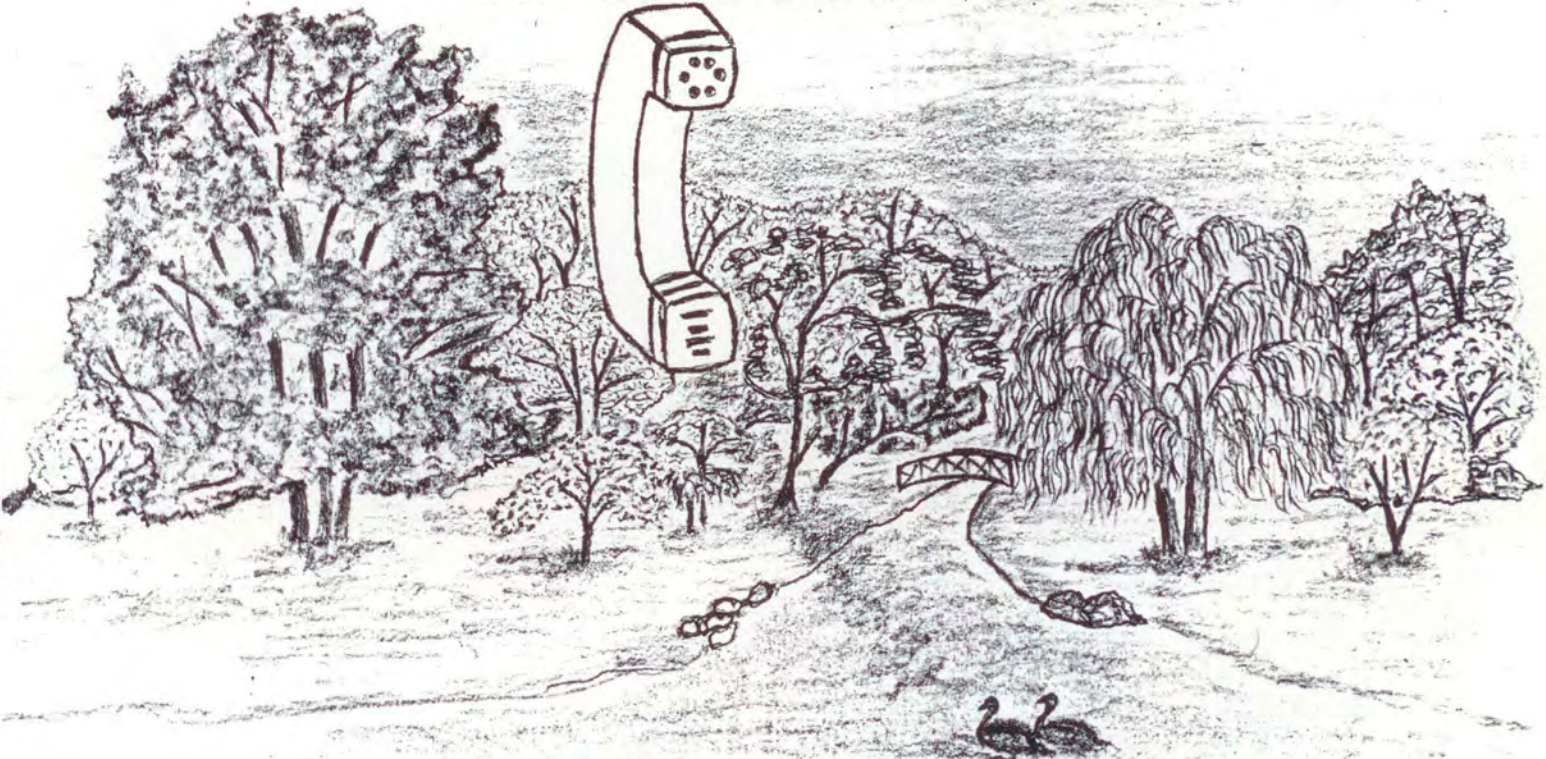
**Torch
singer:
High praise for
High Park's
controlled
burns**

Pumpkin-bobbing for new playground

Want to keep High Park a safe & friendly place?

IT'S YOUR CALL

drawing by Mario Macceda



392-7276, ext. 311

**is the *new* Park Watch line
phone for information or to volunteer**



**JOIN
THE
TEAM
CALL:
532-3539**

Re-elect

**Chris
KORWIN-
KUCZYNSKI**

**Ward 19
City Councillor**

We have it all!

- * Stock photography
 - * High end Black & White and Colour scanning
 - * Desktop publishing (Macintosh and PC)
 - * Full pre-press file preparation
 - * Graphic design
 - * Illustration
 - * High resolution image setting
 - * and of course, High quality printing...
- all under one roof*



85 Newkirk Road North
Richmond Hill
Ontario
L4C 3G4

Telephone (905) 883-3700
Facsimile (905) 883-1243
Modem (905) 883-5296



HIGH PARK

A Park Lover's Quarterly

Editor – Gigi Suhanic

Contributors – D.W. Dorken, Mary Lou Kumagai, Mario Maceda, Joan Miles, Neil Winlaw, Sam Winlaw

Cover photo by D.W. Dorken

High Park – A Park Lover's Quarterly is published four times a year by High Park Quarterly Inc. Editorial enquiries and letters to the editor are welcome and should be sent to: High Park Quarterly Inc., 53-C High Park Boulevard, Toronto M6R 1M9. Telephone/fax 588-5678. Subscriptions are available for \$4/year or \$7 for two years. No part of this publication may be reproduced in whole or in part without the written permission of the publisher. Canadian Publication Mail Sales Agreement No. 0454494. High Park Quarterly Inc. is an independent publishing organization. High Park – A Park Lover's Quarterly is a member of the Canadian Magazine Publishers Association.

\$73.83

Departments

Eco Notes.....10

Letters

Racket tackler

A reader gives us a fair rant on racket in the park.....4

Features

Discovery is lovely

A series of six self-directed walks allows park lovers to explore the wilderness bounty in their own backyards.....5

Humble Howard's hidden past tells

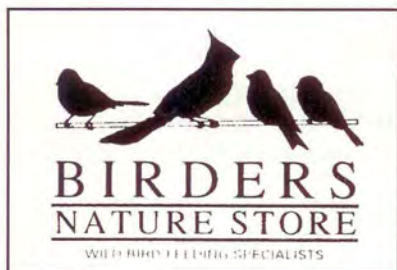
New artwork of John George Howard, architect, artist and High Park founder, uncovered6

Scorching revelations on park's controlled burns

Five months after controlled burns in High Park a naturalist reports that everything's coming up roses.7

The birds of paradise

In the idyllic setting of Hawk Hill, birders from all over come to track the annual migration of those fierce predators of the avian world – the raptors.....9



(416) 234-0044

2943 BLOOR STREET WEST
ETOBICOKE ONTARIO M8X 1B3

Migrate to Birders

High Park's Back to Nature Store

BIRD FEEDERS - HOUSES

SPECIALITY SEEDS

BINOCULARS - BAT HOUSES

WEATHERVANES

MARTIN HOUSES

BOOKS - SUNDIALS

INDOOR & GARDEN FURNITURE



15%

15%

15%

Present this ad & receive 15% off your purchase

15%

'Constant events' in park anger neighbours

High Park used to be and is supposed to be a shrine – a nature lover's paradise, where family and friends could visit and enjoy the birds, the trees etc. No more.



Re-Elect

David Miller

Visit us at our campaign office at 1655 Bloor St.W.

(at Indian Rd.)

531-2226

Please acknowledge that those of us who live around Bloor/High Park/Quebec Ave. are really pissed off and greatly disturbed by the constant events, demonstrations and concerts taking place at the north end of the park.

There is a total disrespect from organizers who do not realize that this is a community where people live and relax.

This morning around 8:30 a.m. loud music woke us, a DJ was rented for

the Mother Daughter Walk event. Thank God it did not last long. Why do little kids need to walk to loud music? They had a permit and it was published in the papers.

Well, nobody asked us residents if we wanted to listen to blasting music on an otherwise peaceful Sunday. In this society, people must work six to seven days, so when and where can we relax if not in our own homes?

There is a drum group every weekend that occupies a small area in the middle of the park. They beat their drums senseless for hours.

I ask, give High Park back to nature, and *keep* live events that require PA systems, loudspeakers, singers, DJs the hell out of our site next summer.

Csaba L. Jaszberenyi
Toronto

• Letters to the Editor are welcome. Respond to the magazine or write about something you saw in High Park or another Toronto park that you like or don't like. Remember to include a phone number with your letter so we can check that you are who you say you are and that you wrote what you said you did!

Ahoy! It's a pumpkin armada!

Always wanted to sail, but couldn't afford your own boat? Try a pumpkin.

Folks will be floating their own orange gourds in one of the High Park duck ponds on Sunday, Oct. 26 from 3-6 p.m.

Kids will be able to carve their

favourite faces on the pumpkins before launching them. The pumpkins will be sold at the fire pit near the zoo in the park's south-east end.

Money raised by the jack-o'-lantern flotilla goes to the new High Park playground.

ON NOVEMBER 10TH, YOU HAVE TWO VOTES FOR CITY COUNCILLOR, MAKE ONE VOTE COUNT

Re-Elect

David

Hutcheon

City Councillor • 762-9901



Our campaign office is open at 2223 Bloor St. W. (above the Runnymede Theatre)

762-9901

DAVID HUTCHEON, GETS THINGS DONE!



HIGH PARK

Harvest Festival

Foods of Fall

A COMMUNITY FALL FAIR

SUNDAY, OCTOBER 5, 1997 NOON - 5 P.M.
(RAIN OR SHINE) EVENT ADMISSION: FREE.
COLBORNE LODGE: \$2.00

- Victorian Harvest Picnic Food Sale
- Free Hikes
- For The Kids - Pumpkin Decorating, Apple Eating Contests Lawn Games & More!
- Wagon Rides
- Entertainment
- The Marketplace
- Period Demonstrations in Colborne Lodge

INFORMATION: (416) 392-6916

Organized by Heritage Toronto, the High Park Citizens' Advisory Committee and the City of Toronto - Parks & Recreation

Discover parks – take a walk

The city of Toronto's new Discovery Walks program gives people the choice of at least six self-guided tours through some of T.O.'s best-loved neighbourhoods and parks.

The routes follow established trails through neighbourhoods and parks, and are signed with information panels and trail markers. The information panels focus on the cultural and aboriginal heritage, and the natural environment of each of the areas.

"We're promoting it as community building and a way to get to know other neighbourhoods," said Jerry Belan, of the city's Parks and Recreation Department.

"This is going to be really well-received by the public," Belan said.

There are six approved routes so far, with possibly more to follow. The Western Ravines and Beaches Walk includes High Park; the Garrison Creek Discovery Walk, also in west Toronto, traces the path of buried Garrison Creek. Other walks include the Eastern Ravine and Beaches Discovery Walk, the Don Valley Hills and Dales Discovery Walk, the Northern

Ravine and Gardens Discovery Walk, and the Central Ravines, Belt Line and Gardens Discovery Walk. This walk follows a lost historic rail line and passes through Mount Pleasant Cemetery.

All the routes are connected by the TTC, and most of them have direct access by subway.



The main features of the High Park route are the park's oak-woodlands, and Grenadier Pond, Lake Ontario and the Sunnyside Pavilion, and the mouth of the Humber River. Also included on this walk is Rennie Park and Catfish Pond, directly west of Grenadier Pond. Catfish and Grenadier Ponds were originally connected before the construction of Ellis Avenue. Catfish Pond has a spring-fed marsh at its north end.

The walk takes about two-and-a-half hours and is 6.7 kilometres long. The Parks and Rec Department has created fun sheets for children to complete during or after the walk. The sheets will be available at community centres. For more info call Jerry Belan at 392-7264.



YOUNG MUSICIAN'S STUDIO

482 Roncesvalles Ave
TORONTO ON M6R 2N5

Private lessons available for
SINGING

FLUTE

RECORDER

TRUMPET

FRENCH HORN

TROMBONE

MUSIC THEORY

(416) 536-0586

We bring High Park to your door
– High Park, A Park Lover's
Quarterly. For advertising and
subscription rates, call 588-5678.

SWANSEA TOWN HALL COMMUNITY CENTRE



Space Available – reasonable rates –

meetings – weddings – workshops
mailboxes – forums – seminars
courses – concerts – cultural events
lectures – debates – recitals – parties
social events – banquets – sales – dances

call 392-1954
visit 95 Lavinia Avenue

ROYAL LEPAGE

Royal LePage
Real Estate
Services, Ltd.
2320 Bloor St. W.

CAROLYN HILLMAN

(416) 762-8255



LOVELY HIGH PARK HOME
Spacious 5 bedroom full of light.
Large principal rooms. 3 storeys.
Sunny breakfast room with
walk out to deck.
New roof. CAC. Walk to Park.
Asking \$265,000.

BLOOR WEST VILLAGE
STUNNING TRADITIONAL
Lots of charm and value in this
3 bedroom extra-wide semi.
Renovated kitchen, woodburning
fireplace, electrical updating,
new roof, deck and more.

Asking \$239,900



High Park founder's treasures unearthed

It was a banner summer for new historical finds related to John Howard, the founder of High Park.

Two watercolour sketches of Howard's, at least 130 years old, were discovered in a sealed cupboard in the coach house of Colborne Lodge. Colborne Lodge is the home Howard designed and lived in until his death in 1890.

According to Richard Gerrard, a historian with Heritage Toronto, which runs Colborne Lodge as a museum, one watercolour is an architectural sketch, possibly of an addition planned for a house. The second was of a landscape. Gerrard said the location of the landscape hasn't been determined. "They were obviously preparatory sketches

for finished paintings," Gerrard said.

The condition of the watercolours is very poor. "They are filthy and you can hardly tell what the sketches are," he said. The paper, glued to a sketching board, has torn along stress lines.

It's not clear yet whether anything can be done to improve the condition of the watercolours. Kate Frame, a conservator at Heritage Toronto, said saving the sketches depends on whether they were painted on paper made from cotton rags or from wood pulp. "Conservation treatment is tricky, maybe not possible," Frame said.

The sketches will be on display at Harvest Festival at Colborne Lodge on Oct. 5, 12-5 p.m. in the park's south end.



Dresser's Clothing & Gifts
305 Roncesvalles Avenue 531-7356

Reap harvest festival benefits

The tradition of celebrating the harvest is alive and well in High Park on Sunday, Oct. 5.

The annual celebration of the fall season features food, fun and activities in the manner and spirit of harvest celebrations over a century ago. There will be hikes, entertainment, a marketplace, and a Victorian Harvest picnic. There will also be rope making, cider

pressing and corn shucking.

For the kids, you will find pumpkin decorating, apple-eating contests and lawn games.

And the High Park greenhouses will be selling savannah plants, grown from seeds of plants native to the park.

The festival runs from noon to 5 p.m. For more information, call 392-6916.

ELEKTRA IMAGE CENTRE

1-HOUR
PHOTO

PHOTO CD
TRANSFER
New Kodak
Flash Pix
CD Transfer



We recover silver. We recycle plastic and metal
285 Roncesvalles Ave. Toronto (416) 516-3925

ENTREPRENEUR'S MARKETPLACE

SMALL BUSINESS
TRADESHOW &
MARKETPLACE EVENT

Saturday, November 1, '97

10a.m.-6p.m.

Bickford Centre

777 Bloor Street West

(Just west of Christie)

Free
Admission!

- Unique gift items, speciality foods, health and home products, business services, great door prizes and more!

- Free all-day workshops on:
 - the self-employment option
 - starting a small business
 - effective marketing tools
 - increase your revenues, and more...

For more details call the YMCA
Entreprise Centre
at 928-3362
ext. 4219
or ext. 4218.
Vendor enquiries
welcome.



YMCA
Small Business
Entreprise Centre

STRICTLY BULK

THE BULK FOOD EMPORIUM
"BECAUSE YOU DON'T EAT PACKAGING"

expires
Oct. 31/97



except decaf & Irish Cream

2389 Bloor St. W.
(1 block east of Jane - south side)
766-3319

924 Bloor St. W.
(1 west of Ossington)
533-3242

638 Danforth Ave.
(at Pape)
466-6849

Things growing 'berry' well in 'fire country'

High Park is already reaping benefits from the controlled burning of two quarter-acre plots in the park last spring.

A survey of one of the plots with a naturalist from the Parks and Recreation Department's High Park greenhouse shows "subtle but dramatic changes". Those changes are characterized by new and vigorous growth of a number of native plant species.

"It's a slow process. It's not going to be instant. Already we're seeing in subtle ways some dramatic change," said Terry Fahey of the High Park greenhouse. "Clearly there's a strong regeneration in the first year," he said.

At the end of April, a speciality team from the Ontario Ministry of Natural Resources set a low ground fire with naptha gas (camping fuel) mixed with diesel, at two sites – one between West Road and Grenadier Pond, and another slightly north of Centre and Spring Roads.

There was more smoke than flame with the fires never reaching more than one foot in height. When the flames burned out or were doused by ministry staffers, the patch of ground was left blackened and bare.

The burn had been six years in the coming. It was one of many techniques recommended to promote the preservation and restoration of High Park's oak woodlands. The oak woodlands is an ecosystem made up of trees and plants that are fire-resistant and thrive in the growing conditions produced by fire.

Out on the West Road site with Fahey on a sunny late September day, his knowledgeable eye spots some encouraging signs. The fire has improved ground, light and soil conditions.

A clump of low-bush blueberry is sprouting numerous new shoots. "They're fire dependent," Fahey says. "Next year we should have a blueberry crop." Commercial blueberry producers burn every two years. When their crop production drops off they burn again. Other berry bushes that are renewing themselves include huckleberry and serviceberry. A black cherry seedling has also sprouted.

False Solomon's seal and starry false Solomon's seal provide some splashes of red amidst a sea of green – the plant's brilliant red berries hanging from the tallish stems. "We've noticed really robust growth there," Fahey says. Cylindrical blazing star – High

Park's own native blazing star, and regional-ly rare in the Greater Toronto Area – has been spotted post fire. Plus there are pussy-toes underfoot and soft new fronds of sweet fern waving in the breeze.

"In one summer we've really done well." "Over the long haul it will be identical to a garden with defined patches of things. You have no idea how beautiful it's going to be."
– Gigi Suhanic



SMOKIN': Ministry of Natural Resources staff monitor a controlled burn in High Park last April.

Toy 'n Joy

A special offer to:

10%
discount

teachers, schools,
daycares churches,
& other childcare
providers on
regular-priced items.

(For purchases over \$20 & paid by cash or Interac only)

educational toys,
arts & craft supplies, 3D puzzles,
lego, children's books,
Hallowe'en & Christmas items

393 Roncesvalles Avenue
538-9427

RATES TOO LOW? MARKETS TOO HIGH?

An ideal investment alternative for your portfolio:

ROYALTY TRUSTS

Call:

Ian Pyper, Senior Investment Advisor
(416) 359-7568 or 1-800-739-9994



KNOWLEDGE *is* POWER



Honouring Garrison Creek with green

Ever walked by a manhole and heard the vigorous sound of rapidly rushing water, even though it hasn't rained in days?

If you haven't, press your ear down to the ground and give a listen. That sound may be coming from one of Toronto's many buried creeks.

Toronto is a city of numerous deep ravines that before the turn-of-the-century had creeks and rivers running at their basins. Just prior to the 1900s, many of these water systems were entombed in sewage pipes, their ravines filled in to flatten the landscape to accommodate a growing city.

Garrison Creek in west Toronto is one such water system. The Garrison Creek Linkage Project is a huge community/municipal government undertaking to establish a continuous green belt along the Garrison Creek's former river bed.

In its natural state, the creek rose north of present-day St. Clair Avenue, poured down

the steep slope to Davenport and onward south into Lake Ontario. The creek was named for the military garrisons of Fort York built in 1792 by then governor of Upper Canada, John Graves Simcoe. By 1880 the creek was buried in a sewer deep below its original bed. The final remnants of the creek in the Christie Pits disappeared in 1912.

Garrison Creek is long gone, but one of its legacies is a system of parks in west Toronto strung out along the creek's original path – Christie Pits, Bickford Park, Harbord Park, Dufferin Grove Park, Ossington Old Orchard Public School, Fred Hamilton Park, George Ben Parkette, Trinity-Bellwoods, Stanley Park, Fort York, Gore Park, Coronation Park and Little Norway Park.

Using river's spirit

Four to five years ago, different environmental and community groups arrived at the

same conclusion that the creek should be honoured and its spirit put to work to improve the local environment.

A series of ideas have emerged, the product of community meetings and a brainstorming workshop this summer. Some of those ideas that have emerged include uncovering two bridges that crossed the creek, one at Harbord that would link Bickford Park and Harbord Park, and another at Crawford Street that would link Trinity Park and Bellwoods Park.

Another possibility is to increase the amount of green space by converting publicly-owned land to parks. Working with private landowners has also been suggested. Community groups are eyeing a Miracle Mart on College Street near Bathurst Street and the feasibility of improving the site, possibly turning it into a town square and linking it with nearby Fred Hamilton Park.

To find out how you can get involved in the Garrison Creek project call 392-1316.

Park meets galore in the works

The High Park Citizen's Advisory Committee meets on Wednesday, Nov. 19 at 6:30 p.m. at the Keele Rec Centre.

The park's natural environment sub-committee meets Oct. 7, also at 6:30 p.m. at the Keele Rec Centre, and then every second Tuesday after that. (To confirm the

Nov. 11 meeting, call 392-7276, ext. 301.)

The High Park Citizen's Advisory Committee's latest project – an archive of information about High Park – is available at the Runnymede Library.

The archive contains meeting minutes, clippings and reports.

Humber's health to be discussed

Following the release of an important new report on the Humber River, there will be a public meeting on options for fisheries management of the river Oct. 7 at 7 p.m. at Swansea Town Hall, 95 Lavinia Ave.



THEY CLEAN NATURALLY.

Each year, over 1 million accidental poisonings occur in North America. Most happen to children and are caused by toxic cleaning products.

Our non-toxic, hypoallergenic alternatives are safe enough even for those who suffer from chemical sensitivities or environmental allergies!

Look for our newest products!

- Non-Toxic Oven Cleaner
- Hypoallergenic Carpet Cleaner
- Laundry Stain Remover
- Non-Chlorine Laundry Bleach Powder
- Delicate Wash for fine fabrics



NATURE CLEAN®

Truly Natural Laundry & Household Cleaning Products

A Canadian Tradition for over 30 Years

Non-Toxic * Hypoallergenic * Cruelty Free * Fully Biodegradable * Septic Safe

Available at Health Food, Bulk Foods or independent Grocery Stores or call Frank T. Ross at 416-282-1107

FALL
migration

photo by Hugh McLean



A fledgling
red-tailed hawk

Watching raptors like hawks

The Greater Toronto Raptor Watch has so far recorded a "very successful" 1997 season from its hill in High Park, where the group keeps track of raptors — birds of prey — during fall migration.

As of Sept. 22, the group had recorded a total of 8,658 birds funneling south overhead. High Park is a recognized migration route because it is a significant island of green close to Lake Ontario.

"The High Park Hawk Watch is a continentally recognized monitoring site with numbers that surprise most people when you consider that High Park is the only site with an urban location," said Don Barnett, a spokesperson for the group.

The group experienced the first big flights Sept. 3-4 when it counted 689 sharp-shinned hawks during those two days. A second wave on Sept. 13-14 saw 2,147 raptors flow through. Some species of particular interest include eight bald eagles.

A third major wave Sept. 21-22 brought huge number of broad-winged hawks bringing the count for that group to 4,777. Group members track weather to predict migration patterns. The best weather for hawk migration involves north/north-west winds and an oncoming cold front. The counts for Toronto are published in the journal of the North American Hawk Migration Association.

Hawk Hill, located just north of the Grenadier Restaurant, will be staffed daily from 9a.m.-5p.m. until Nov. 30. Anyone is welcome to join and learn more about the birds flying overhead.

High Park Pundit.....Page 13

Facts of flight

- Migrant birds generally have longer, more pointed wings that non-migratory species — a feature which minimizes air resistance.
- Birds' large, four-chambered hearts proportionately weighs six times more than a human heart.
- The resting heart rate of a small songbird is 500 beats per minute; a hummingbird's is 1,000 beats per minute.
- Birds' lungs remain inflated at all times to provide a constant supply of fresh air.

— Source: Wild Birds Unlimited

Songbird migration continues in October



Eastern
Bluebird



White-
throated
Sparrow



Cedar
Waxwing

September is peak migration season for songbirds. However there are still lots of unique species of birds passing through High Park and maybe stopping at your bird-feeder as they head south. Some October migrants include:

- Palm warbler
- White-throated sparrow

- Purple finch
- White-crowned sparrow
- Hermit thrush
- Cedar waxwing
- Eastern bluebird
- Common grackle
- Ruby-crowned and golden kinglet
- Yellow-bellied sapsucker

SEED SALE

Stock Up On Seed Now At Sale Prices And
We'll Store it Free Using Our Seed Storage Program



PREMIUM BLACK OIL SUNFLOWER

44 LBS \$16.99

DELUXE BLEND

(No Fillers)
40 LBS \$23.99

All Seed And Custom Mixes in 20lb. to 50lb. Bags
On Sale Until October 26, 1997

Wild Birds Unlimited*

Your Backyard Birdfeeding Specialist*
Visit us at www.wbu.com

5468 DUNDAS STREET WEST, ETOBICOKE
(3 BLOCKS EAST OF 427, AT SHAVER)
(416) 233-3558

BIRDSEED • FEEDERS • BIRDBATHS • OPTICS • NATURE GIFTS



Pet Agree

Professional Grooming

phone Linda Kilpatrick at

Parkdale Animal Hospital, 1654 Queen St. W.
(416) 532-1169

MacDonald Animal Hospital, 1632 Bloor St. W.
(416) 531-1175

First groom FREE 0-6 months
\$5 OFF first groom 6 months-1 year

Historic Recipes

From Colborne Lodge

Colborne Lodge, the home of High Park founders John and Jemima Howard is a restored historic house museum reflecting gracious country life in the 1870s. From its summer and winter kitchens, these period recipes from 19th century cookbooks are typical of what is produced for demonstrations of historic cooking. For museum hours and additional information about the recipes, please call 392-6916.

Soft Gingerbread with Fruit

Original recipe

- One pound and a half of flour
- Half a pound of sugar
- Half a pound of butter
- One pint of molasses
- Four eggs
- One teacup of milk
- Two teaspoons of pearlsh
- One ounce of ginger
- One ounce of cinnamon
- One ounce of nutmeg
- One pound of currants

From: *Anonymous, The Cook Not Mad; or, Rational Cooker (James MacFarland: Kingston, Upper Canada 1831; The Cherry Tree Press; Toronto, 1972 and 1982), page 42, number 127.*

This recipe for soft gingerbread follows an American innovation of the late 18th century in which milk and eggs were added to the traditional European hard gingerbread biscuit doughs to make a cake batter instead.

Like most of the recipes in this book, the author assumed the cook was already knowledgeable about basic baking techniques. One assumption was separation of the eggs so that the yolks and whites could be beaten separately to incorporate as much air as possible for a lighter cake texture. Prior to the invention of chemical leavening agents it was common to need at least eight eggs and often many more for even the most basic cake. Since this book is one of the earliest to use chemicals as a supplement to the eggs, there are fewer eggs necessary for the final result of the cake.

Pearlash (refined potash, or potassium carbonate) was the first chemical leavening agent. It is still available in some delicatessens specializing in German foods, because the Germans still use it extensively. It needs to be dissolved in milk or water, otherwise it is not distributed throughout the dough well.

Our Modern Equivalent

125 ml	soft butter	half cup
125 ml	white sugar	half cup
2	medium eggs	2
250 ml	molasses	1 cup
5 ml	pearlash	1 tsp.
	dissolved in 10 ml (2 tsp.) milk	
	OR	
5 ml	baking soda	1 tsp.
10 ml	ginger	2 tsps.
10 ml	cinnamon	2 tsps.
10 ml	nutmeg	2 tsps.
250 ml	currants	1 cup
	plumped in hot water	
750 ml	white flour	3 cups
125 ml	whole milk	half cup

Cream butter and sugar until very light. Whisk egg yolks to a pale yellow cream, about 5 minutes. Blend yolks into butter and sugar. Add molasses, baking soda, spices and plumped currants. Blend in flour, one cup at a time, alternately with milk. Whisk egg whites until stiff. Fold whites into batter. Turn into a well-buttered or greased 9x9 cake pan or about 15 muffin tins. Bake in a moderate oven, 180 degrees Celsius, four about one hour or until a tooth pick inserted in centre comes out clean.

Fall 1997

Antique Alley

at Queen & Roncesvalles



Era

Antiques

Art

Collectibles

Furnishings

1629 Queen St. W.
(416) 535-3305

CORNERSTONE

authentic early country furniture

- primitives
- folk art
- cupboards
- decorative items
- gifts

1710 Queen St. W.
(416) 516-8170

AAMES FURNITURE

antiques
& used
furniture



1702 Queen St. W.
(416) 539-8703

Arcadia Antiques

1605D

Queen St. W.
(416) 534-0348

We buy.

"Fair prices"
paid.

Tues-Sat 11-6
Sun 12-5



THE QUEEN WEST ANTIQUE CENTRE



A MULTI DEALER SHOP

1605 Queen St. W.
(416) 588-2212

Buy & Sell

Hideaway Antiques

We buy.

Antiques, collectibles,
& estates.

Bill Jarman

(416) 539-0833
1605 Queen St. W.

Roussel

ANTIQUES & COLLECTIBLES

❖ FURNITURE

❖ MIRRORS

❖ ARTWORK

1631 QUEEN ST. W.
(416) 763-1063
(416) 534-3833

In memory of the one you love.

Cardinal Funeral Homes has joined with Toronto Parks and Recreation by sponsoring the planting of trees in parks and throughout the city. We do this because we care about our community and protecting the environment.

But more importantly, we do this to honor you — the families we serve. To symbolize the preservation of your loved one's memory through the growth of new life.



Cardinal
Funeral Homes

**Annette Street
762-8141**

It was a dirty job — but somebody had to do it

by Joan Miles

Invisible, massive sewage storage tanks were installed in the north-east corner of High Park 80 years ago. The J.H. McKnight Construction Company was awarded the contract for building this vital piece of public infrastructure — the lowest of seven bids at \$48,7000 — in 1914. The structures were built above ground, and then covered with fill. There were two major sewers feeding into this local network, one from Woodville Avenue (now Indian Grove) between Annette and Bloor Streets and on Clendenan Avenue.

In 1908 Toronto voters had approved a budget of \$2.4 million for the construction of intercepting sewers and a sewage treatment plant, and \$750,000 for a water filtration plant. The project was completed in 1913. The main sewage treatment plant was located at Ashbridges Bay.

All the sewage from the West Toronto system was directed to the High Park site. The sewage settled in the tanks, while the water was carried in the storm sewer extending down Keele Street — now Parkside Drive — to Lake Ontario. Sludge was drawn

from the tank into the sanitary sewer laid under the storm sewer, which connected with the Sunnyside Pumping Station. From here it was pumped to the plant at Ashbridges Bay.

The impetus for this major commitment of municipal funds came from the resolve to tackle serious



DIG IT: Building the sewage storage tank in High Park in 1914.

health problems arising from the practice of dumping raw sewage into Lake Ontario. Sewers had existed in Toronto since 1835. Raw sewage was still being dumped between the shore and the Island. Meanwhile, Lake Ontario remained the source of drinking water for Torontonians even as the link between polluted water and water-borne diseases such as typhoid was being substantiated.

Sources: "Toronto Above and Below" Market Gallery, City of Toronto Archives. "Pipe Dreams", Metro Archives.

ECONOTES

GREEN BACK-TO-SCHOOL TIPS (BY MOLLY CREALOCK): Bring your lunch in a reusable cotton lunch bag; carry around a recycled plastic mug to avoid disposable cups; write on both sides of a sheet of paper; use refillable pens; walk, ride your bike, or use public transit instead of driving to school; do a school project on the environment; use tupperware or an empty yogurt container instead of plastic baggies or aluminium foil; buy products that require little or no packaging; bring

your teacher an organically grown apple. (reprinted from Grassroots Environmental Products newsletter)

HEALTHY HOUSING: Learn more about this subject and enjoy a free visit to CMHC's Healthy House in Riverdale. Call (416)218-3343.

FREE FRONT YARD TREE: Increase property value and save on energy bills. City of Toronto, 392-7281.

HOT GREEN WEB SITE. Evergreen Foundation: <http://www.evergreen.ca>.

EcoNotes is a community service from the Bloor West Eco-Village. Contact us c/o Swansea Town Hall, 95 Lavinia Avenue, box 107, Toronto On M6S 3H9.

Hunting the hunters high atop Hawk Hill

High atop windswept Hawk Hill in High Park, they scan the skies with their binoculars, ever searching, searching. Are they looking for UFOs? A polar invasion of stealth

Park Pundit by Mary Lou Kumagai

bombers? Nope. They are looking for raptors to count. But not, as some might think, those seven-foot millionaires in purple nylon underwear who slam-dunk basketballs downtown. The kind of raptors these people are looking for wear feathers and eat rodents for lunch. We are talking birds of prey, here — eagles, hawks, ospreys and (I am not making this up) turkey vultures. The folks with the binoculars are part of the Greater Toronto Raptor Watch.

It seems that every fall, like many other birds, winged predators get the urge to travel to sunnier climes. And being creatures of habit, they always take the same route, which just happens to pass directly over High Park.

When this intrepid reporter arrived at Hawk Hill on a recent Monday afternoon, she found everyone gathered around the picnic tables, chatting under a brilliant blue sky. Little sulphur-yellow butterflies fluttered nearby, and the sun poured down like warm honey. On the tables, thermoses containing beverages of choice, knapsacks filled

with necessities and comforts, a small portable radio tuned to a weather report. Clipboards with checklists and pens sat at the ready. Everyone kept glancing at the sky to the north, occasionally raising binoculars to check on some distant dot.

Some of these watchers were interested members of the public, said the unofficial leader of the Raptor Watch, Don Barnett, while others were volunteers who signed up for regular shifts! Such dedication to duty! And, said Barnett, they work for free — “No money changes hands,” he assured. Intrepid reporter found herself thinking that some of us might actually pay to spend a day under such lovely conditions. Ignorance is bliss.

Her only encounter with a feathered raptor had happened one previous fall in High Park. A bird more than a foot tall, with a hooked bill and fierce eyes, had fluttered down from a pine tree six feet away and stomped about on the ground, stalking a full-grown squirrel. But gormless reporter had failed to note the right distinguishing characteristics, thereby making a precise ID impossible. Apparently, there's more to this bird identification thing than one might think.

Indeed there is, says Don Barnett. The regular members of the Greater Toronto Raptor Watch team, while not professionals in the

field, have a good deal of expertise among them. They need to have. While the sky may be blue and empty one minute, the next minute it may be filled with hundreds of birds beating their way along the migration route. It takes a keen eye (dare we say an eagle eye?) and sound knowledge of what 17 species of raptors look like in flight to identify and count them as they pass overhead. On the previous Sunday, Hawk Hill watchers had logged over 4,000 raptors.

So what are they looking for, anyway, as they train their binoculars on something flapping high above? For this purpose, says Barnett, colour and plumage are not usually important. Because the birds are mostly silhouetted against the sky, they're looking more for shapes of wings, tails and bodies, and the speed and style of the wing beat. If the birds fly lower, watchers may be lucky enough to see an underwing colour pattern that can also help identify the species. On very rare occasions, the birds will actually land in nearby trees, making identification a walk in the park, so to speak.

If you'd like to try for an unforgettable experience, too, you're more than welcome to join the watchers, they say. Weather permitting (birds don't like to be out in lousy weather, either).



MITZI'S
CAFE & GALLERY



100 Sorauren Avenue
at Pearson
Just call Mitzi
588-1234

MITZI'S BRAND NEW TAKE-OUT MENU

• Call for daily selection. Pick-up only.

Calzone: spicy sausage & pesto	\$4.25	Quiche: smoked salmon & mustard	\$6.95
Lasagne: Roast vegetable and parmesan	\$3.50	Burrito: spicy chorizo & spinach	\$3.50
Spanokapita:	\$3.50	Stew: hot Italian sausage	L: \$3.50 Sm: \$2.75
Roast stuffed balsamic chicken:	\$9.95	Asian noodle sesame salad	L: \$3.25 Sm: \$2.50
1/2 B.B.Q. chicken:	\$6.95		

Food from Mitzi's home to your's available
Tues, Wed, Thurs, Fri 'til 7pm

ECLECTIC LUNCH MENU

Sandwiches	Entrees
BLT — prepared with roasted garlic	Pizza — personal size with a changing variety of market fresh toppings
Chicken — roasted herbed breast of chicken with all the trimmings	Pasta — Find out what the chef is serving today
Vegetarian — Made with fresh veggies, cheeses	Chef's Special Entree — a mouth-watering feast

Custom order of cakes & catering available for your next occasion

New fall hours
Tues-Thurs 7:30am-7pm
Friday 7:30am-9pm
Saturday 9am-9pm
Sunday 9am-6pm

Weekend brunch hours extended Sat-Sun 9-4

Make a date with High Park

Volunteer for outdoor work

Upcoming dates and activities are:

Sunday, Oct. 12

Planting & seed harvesting

Sunday, Oct. 26

Wetland planting & seed harvesting

Sunday, Nov. 9

Seed harvesting & seed cleaning

Sunday, Nov. 23

Seed cleaning

Meet at the south entrance to the Grenadier Restaurant in High Park at 10:30 a.m. This program is run by the High Park Volunteer Stewardship Program which works to restore the park's native and natural environment.

— phone 392-7276, ext. 301 for more information



(Above) Volunteer Dagmar Baur on a planting day.




(Left) Asters bloom late summer to early fall

This message appears in the Quarterly courtesy of:

BEADWORKS
CREATE YOUR OWN ACCESSORY SHOPS

Choose from a dazzling variety of beads from around the world & create your own totally unique accessories. Also sold are finding, leather, wire, firmo, tools and books.



2326 Bloor St. W. (at Windermere)
763-5446

ALTERNATIVE **New Hours**
GROUNDS **Tues-Sun**
8-9:30

organic & alternative trade coffee beans



Coffee House & Roastery
333 Roncesvalles Ave • 534-6335

GARRISON CREEK
ART EDUCATION CENTRE

Adults \$20/class
Children \$15/class

- clay sculpture
- papermaking
- painting
- drawing
- mosaics

65 Muir Ave • (416) 531-5991

 **Toy 'n Joy**

educational toys
art & craft supplies,
3D puzzles, lego,
children's books,
Halloween & Christmas items

393 Roncesvalles Avenue
538-9427

MITZI'S
CAFE & GALLERY

100 Sorauren Avenue
at Pearson

588-1234

STRICTLY BULK
THE BULK FOOD EMPORIUM
"BECAUSE YOU DON'T EAT PACKAGING"

924 Bloor St. W.
(1 W. of Ossington)
533-3242

2389 Bloor St. W.
(1 East of Jane)
766-3319

924 Bloor St. W.
(1 W. of Ossington)
533-3242



NOW IS A GREAT TIME TO PUT DUPONT STAINMASTER® IN YOUR FUTURE



DURING OUR STAINMASTER® CARPET SALE

Now, the carpets that last longer cost less! For a limited time, we're offering big savings on DuPont Approved STAINMASTER® Carpets. They're designed to take years of use without showing their age. And they feature advanced TEFLON® technology, for superior stain and soil resistance. Hurry in today for best selection.



POLLOCK'S CARPET
VINYL & AREA RUG GALLERY
349 Roncesvalles Avenue
535-1160

Western Ravines and Beaches Discovery Walk



Follow scenic footpaths and a beach boardwalk. Experience natural ponds and marshes, oak woodlands, and lakeshore parks.

Get ready to spend an hour or two discovering how west Toronto's ravines, parks, gardens and beaches are linked by this Western Ravines and Beaches Discovery Walk.

Discovery Walks is a new programme that promotes a series of existing linked walking trails in public parks and open spaces throughout the City.

Interpretive and directional signage along each walking route will assist in self-guided discovery of an area's natural environment and heritage.

Working with local community centres, programmes are being developed to augment the learning experience about interesting historic, life/earth science and cultural features found along each route.

For more information about this future programme, please call Jerry Belan at 392-7264



Community Services
Parks and Recreation Division

Toronto